

First Aid at Work (3 day course)

	Day1	Day2	Day3
0900	Course Administration introduction	Revision /First Aid Quiz	Revision /First Aid Quiz
09.15	Emergency Priorities in Treatment	Circulatory System	Skeletal System Head & Spinal Injuries Sprains Strains
10.00	Resuscitation CPR-Adult	Blood loss Theory/Internal Bleeding & Wounds	Fractures Signs & Symptoms Fracture Treatment
10.30	Coffee Break	Coffee Break	Coffee Break
10.45	CPR-(Practical) Child, Baby	Control of Bleeding Bandaging/First Aid Kits	Epilepsy/Seizures Diabetes, Stroke
		External Bleeding (Practical)	
12.00	Lunch	Lunch	Lunch
12.30	Unconscious Casualty Treatment	Shock/Anaphylaxis	CPR/Secondary Survey Practise
13.15	Unconscious/Secondary Practical	Angina, Heart Attack & Cardiac Arrest	Incident Recording Aftermath
14.15	Tea Break	Tea Break	Tea Break
14.30	Asthma/Chest injuries Hyperventilation Chokeing	Burns And Scalds Poisoning Eye Injuries	Final Assessment CPR/Secondary Check, Recovery. Case Management
15.30	Revision Q&A	Revision Q&A	Results /Evaluation
16.00	Day Ends	Day Ends	End of Course

ALSO BASED AT:

Unit 11, Seaway Parade, Baglan Energy Park, Port Talbot, SA12 7BR Tel No. 01639 822269 Fax No. 01639 822254 e-mail: bts.porttalbot@btconnect.com

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